

CCP Behavioral Health
Pediatric Referral Directory
Spring 2018

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I. Crisis

Albany County

Children's Mental Health Clinic- (518)447-4550
Mobile Crisis Response Team- (518) 447- 9650
Monday through Friday 11:00 a.m. – 9:30 p.m

Rensselaer County

Unified Services- (518)270-2800
St. Peter's Health Partners — OR — Samaritan Hospital- (518) 271-3540
Monday through Friday 11:00 a.m. – 9:30 p.m

Schenectady County

Ellis Hospital (518)243-4000 — OR — Child Guidance at Northeast Parent & Child Society-(518)381-8911 Monday through Friday 11:00 a.m. – 9:30 p.m

Saratoga County

Saratoga Mental Health Clinic-(518)584-9030
Monday through Friday 8:00 a.m. – 7:00 p.m

Warren County

Glens Falls Hospital Emergency Clinical Team-(518) 969-1140
Pager Monday through Friday 8:00 a.m. – 7:00 p.m

Washington County

Glens Falls Hospital Emergency Clinical Team (518) 969-1140
Pager Monday through Friday 8:00 a.m. – 7:00 p.m

II. Evaluation and Testing Providers

Alicia Mahler, PhD

Licensed Psychologist

Autism Spectrum Disorder, Learning Disorder, ADHD, Intellectual Disability, giftedness, OCD and Psychiatric disorders, Post-Partum Depression Evaluation, Therapy and counseling services

4 Avis Drive

Suite 100

Latham, NY 12110

Phone: 518-560-4277

Fax: 518-560-4277

CDPHP, Fidelis, Medicaid, Blue Shield NENY, EMP

BCBS, Emblem Health, NYS EMP, Value Options,

MVP

Children's Neuropsychological Services, PLLC

Neuropsychological, Psycho educational, College Boards and Accommodations, Diagnostics Autism Spectrum, and Dyslexia/Reading Evaluations, Comprehensive Behavioral Intervention for Tics (CBIT)

834 Kenwood Ave

Suite 3

Slingerlands, NY 12159

Phone: 518-439-1641

Fax: 518-439-1625

CDPHP only

Dr. Steven Fox

ADHD, Psychological, Education, Developmental History, Adoption, Vocational, Outplacement, Custody and Visitation, and Probation evaluations
596 New Loudon Rd
Latham, New York 12110
Phone: (518)392-0439
Aetna, BCBS, CDPHP, Cigna, EMP BCBS, Humana, MVP

ECS Psychological Associates

Learning Disorder, Psychological
210 Church Street,
Saratoga Springs, NY 12866
Phone: (518) 580-0520 Ext: 101
Fax: (518) 580-9975

Dr. Jodie Cohen, PhD

Pediatric Neuropsychologist
Neuropsychological Evaluations, Autism Spectrum Disorder, Learning Disorder, ADHD, Intellectual Disability, giftedness, OCD and Psychiatric disorders
200 Delaware Avenue
Delmar, NY 12054
Phone: (518)496-3903
Fax: (518) 621-0761
CDPHP, Blue shield NENY, EMP BCBS

Northeast Psychological Associates

Intellectual, Educational and Psychological Evaluations
Hanover Square
Essex Street Entrance
435 New Karner Road
Albany, New York 12205
Phone: (518) 456-2060
Fax: (518) 456-2361

Karner Psychological Associates

2 office locations:
2280 Western Ave, Guilderland NY 12084
634 Plank Rd, Suite 206, Clifton Park NY 12065
Phone: (518)456-5056
Fax: (518)456-6512
<http://www.karnercare.com>

Capital District Behavioral Health

20 Century Hill Dr.
Suite #202, Latham, NY 12110
<http://www.cdbbehavioralhealth.com>
Phone: (518)785-7283
Fax: (518)785-7293

Learning Insights

Adoption, Psycho educational, immigration, foster care, PTSD, Autism, and ADHD evaluations
120 West Avenue
Suite 103
Saratoga Springs, NY 12866
Phone: (845) 532-1575

Psychology Wellness Practice, PLLC

Psychological Evaluations, Psych-educational Evaluations, Parent Consultations, Educational/School Consultation, Functional Behavioral Assessments, Behavioral Intervention Plans
950 New Loudon Road
Suite 101
Latham, New York, 12110
Phone: (518)608-4271
Fax: (518)608-4269

Giovanna L. Rovetto-Dean, LCSW-R

ADHD, Anxiety, Depression
79 Warren Street
Suite 2B
Glens Falls, New York 12801
Phone: (518)336-7129

Associates in Mental Health and Neuropsychology

Neuropsychological Assessments
2310 Nott Street East
Niskayuna, New York 12309
Phone: (518)372-6080
Fax: (518)372-6081

Albany Neuropsychological Associates

Neuropsychological Assessments, Psycho Educational Evaluations
1740 Western Ave
Albany, NY 12203
Phone: (518)464-5060
Fax: (518)464-5023

Campbell House Psychological Associates

*Diagnostic and Educational Testing, Autism
Spectrum Disorder Training Course*

101 State St
Schenectady, NY 12305
Phone: (518)346-0762
FAX: (518)346-0783

Capital Psychology

*ADHD, Autism, Learning Disorders, Mood and
Anxiety Disorder Evaluations*

3761 Carman Road,
Schenectady, New York
Phone: (518)355-5800

III. Counseling Providers

Freedom First Psychological Services, PLLC

4 Avis Drive
Suite 100
Latham, NY 12110
Phone: (518) 560-4277
Fax: (518) 560-4277
Email: amahler@freedomfirstpsych.com
*Counseling and assessments for Learning
Disabilities, Gifted, OCD and Psychiatric disorders,
Post-Partum Depression Evaluation, Therapy and
counseling services*

Psychology Wellness Practice, PLLC

950 New Loudon Road
Suite 101
Latham, New York, 12110
Phone: (518)608-4271
Fax: (518) 608-4269

HPA/Live well

260 Washington Ave EXT 101,
Albany, NY 12203
(518) 218-1188
*Specializes in Eating disorders and Mental Health
services*

Capital District Behavioral Health

20 Century Hill Dr.
Suite #202, Latham, NY 12110
<http://www.cdbehavioralhealth.com>
Phone (518) 785 7283
FAX# (518) 785 7293

Cohoes Counseling Care and Services, INC

405 Vliet Blvd
Cohoes, NY 12047
Phone: (518) 237-4263
Fax: (518) 238-1036
MVP, CDPHP, CDPHP managed Medicaid (no SSI)

Karner Psychological Associates

3 office locations:
2280 Western Ave, Guilderland NY 12084
634 Plank Rd, Suite 206, Clifton Park NY 12065
2500 Pond View Rd. Suite 206, Castleton NY
12033
Phone: (518) 456-5056
Fax: (518) 456-6512
Website: <http://www.karnercare.com>
Individual and Group Therapy

Capital Counseling Associates

Locations: Saratoga, Schenectady, Rensselaer,
Albany, Clifton Park
Main Office: (518) 462-6531
Crisis or Emergencies: 911 or 1-800-273-TALK
(8255)
Fax: (518) 462-0181
Website: <http://capitalcounseling.org>
Assessments and counseling, late hours available

Albany County Mental Health

175 Green Street
Albany, NY 12202
Phone: (518) 447-4537
Fax: (518) 447-4577

Northeast Psychological Associates

Hanover Square
435 New Karner Road
Albany NY, 12205
Phone: (518) 456-2060
Fax: (518) 456-2361
Website: <http://neppsych.com>

**Capital Region Outpatient Wellness Network
(CROWN East)**

Pondview Professional Arts Building
2500 Pondview Suite 207
Castleton, New York 12033
Phone: (518) 245-9349
Fax: (518) 512-5205

START Children's Center

(518) 271-6001

Bick Wanck MD & Associates

516 Washington Avenue
Rensselaer, New York 12144
(518) 282-3524
OR
401 Geysers Rd.
Saratoga Springs, NY 12866
phone (518) 583.3035
fax (518) 583.4247

ECS Psychological Services, PC

210 Church Street
Saratoga Springs, NY 12866
<http://www.ecspsychological.com>
Phone: (518) 580-0520
Fax (518) 580-9975

Samaritan Counseling Center

Scotia, Schenectady, Saratoga Springs, Clifton
Park, Delmar, Latham, Malta, North Greenbush,
Bedford
Main office: (518) 374-3514

Union Street Counseling Behavioral Health

1311 Union Street
Schenectady, NY 12308
Phone (518) 374-6263
Fax: (518) 374-1778
OR
5 Hemphill Place
Suite 121
Malta, NY 12020
(518) 289-5072
<http://unionstreetcounseling.com/>
Main Phone (518) 374-6263
Fax (518) 374-1778

Psychological Services, P.C.

526 Maple Avenue
Saratoga Springs, NY 12866
OR
632 Plank Road Center,
Suite 209
Clifton Park, NY 12065
Phone (518) 587-4161
Fax (518) 587-5134
Website: <http://www.psychservicespc.com>

Saratoga Center for the Family

359 Ballston Avenue
Saratoga Springs, NY
Phone: (518) 587-8008
Fax: (518) 587-8241
Individual and Family Counseling and Services

Choices Counseling and Consulting

10 Colvin Avenue
Suite 102
Albany, New York 12206
(518) 438-2222 (phone)
(518) 438-7777 (fax)
Info@ChoicesConsulting.com
CDPHP, Blue Cross Blue Shield, Blue Shield
NENY, MVP.

Lorrie Golden, LCSW

1 Pinnacle Place
Suite 200
Albany, New York 12203
(518) 379-0170

John O'Grady, LCSW

148 Central Avenue
2nd Floor
Albany, New York 12206
(518) 480-2236
Aetna, American Behavioral, Beacon, BCBS of
Western NY, Blue Shield, Blue Shield of NENY,
BlueCross and BlueShield, CDPHP,
EmblemHealth, Empire BlueCross, Empire Plan,
Fidelis, HMSA, Health Now NY, MHN, MVP,
Medicaid, Optum, UnitedHealthcare,
ValueOptions

Mary Bilik, LMHC, LCAT, ATR

200 Trillium Lane
Albany, New York 12203
(518) 302-4056
Children and Adolescents

Aaron Hoorwitz, PhD

401 New Karner Road
Albany, New York 12205
(518) 730-4676
Children, Adolescents, and Adults
Blue Shield, CDPHP, Optum

Heidi Wright, PsyD

1365 Washington Avenue
Suite 102A
Albany, New York 12206
(518) 241-4173
Children, Adolescents, and Adults

Mary Baker, LMHC

24 Oakwood Place
Delmar, New York 12054
(518) 875-4319
CDPHP, MVP
Children, Adolescents, and Adults

Joshua Gelber, LCSW

950 New Loudon Road
Suite 101
Latham, New York 12110
(518) 621-4634 x108
BCBS, CDPHP
Children, Adolescents, and Adults

Neil Cervera, PhD

46 Greenway South
Albany, New York 12208
(518) 379-0246
Aetna, BCBS, Cigna, Magellan, United HealthCare,
Beacon

Ricky Caliendo, LMHC

5 Pine West Plaza
Suite 508
Albany, New York 12205
(518) 656-4130
Beacon, BCBS, CDPHP, Concordia, Empire
BlueCross, Fidelis, MVP
Children, Adolescents, and Adults

Mary Crea, LCSW

636 Delaware Ave
Suite 2
Delmar, New York 12054
(518) 620-4228
Children, Adolescents, and Adults

Tas Steiner, LMFT

Psychotherapy Associates
3 Atrium Dr
Suite 202
Albany, New York 12205
(518) 348-4417 x20
Children, Adolescents, and Adults

Brian Freidenberg, PhD

5 Pine West Plaza
Suite 511
Albany, New York 12205
(518) 348-8689
Children, Adolescents, and Adults

Joy Farrell, LMHC

5 Pine West Plaza
Suite 508
Albany, New York 12205
(518) 282-0332
CDPHP
Children and Adults

Karen Ann Beetle, LMHC, NCC
1 Pinnacle Place
Suite 200
Albany, New York 12203
(518) 348-3807
CDPHP
Children, Adolescents, and Adults

Steven Brown, PsyD, LCSW
3 Rectory Lane
86
Stuyvesant, New York 12173
(518) 312-4554
Aetna, BCBS, Fidelis, Optum, Oxford
Children, Adolescents, and Adults

Adam O'Brien, LMHC
160 Loomis Road
Chatham, New York 12037
(518) 547-6551
CDPHP, EMP BCBS
Children, Adolescents, and Adults

Daniel Robins, LCSW
Delmar, New York 12054
(518) 294-1287

Richard E Madden, PhD, LCSW
125 Wolf Road
Suite 210
Albany, New York 12205
(518) 225-7707
Adolescents and Adults

Rebecca J Rainstrom, LMHC
Infinity Counseling
2023 Rt 9
Round Lake, New York 12151
(518) 678-7288
BlueCross and BlueShield, CDPHP,
EmblemHealth, MVP, MagnaCare, Optum,
TRICARE
Children, Adolescents, and Adults

Cynthia R Sferruzza, LCSW
3 Cemetery Road
Office #5
Clifton Park, New York 12065
(518) 631-5700
Children, Adolescents, and Adults

Lisa M Woolfe, LCSWR
Saratoga Center for Social Therapy
51 Church Street
Saratoga Springs, New York 12866
(518) 580-9863 x2
APS Healthcare, Aetna, BlueCross and
BlueShield, Beacon, CDPHP, Cofinity, First Choice
Health, GHI, Health Net, MHN, Magellan
Behavioral Health, Optum, Oxford, TRICARE,
UnitedHealthcare
Children, Adolescents, and Adults

Mary Ferrara, LCSW-R, CASAC
30 Crescent Avenue
Saratoga Springs, New York 12866
(518) 282-0459 x3179
Children, Adolescents, and Adults

Nancy Ness Lewis, LMHC
58 Clifton Country Road
105
Clifton Park, New York 12065
(518) 788-2919
Aetna, Beacon, CDPHP, Fidelis, MVP
Children, Adolescents, and Adults

Hollyday Hammond, LCSW
229 Washington Street
Saratoga Springs, New York 12866
(518) 336-0970
Tricare
Children, Adolescents, and Adults

Jaime Youngs-Hamelin, LCSW-R

229 Washington Street
Saratoga Springs, New York 12866
(518) 375-1296

Aetna, Anthem, Beacon, BlueCross and
BlueShield, CDPHP, Cigna, EmblemHealth, EMP
BlueCross, Fidelis, GHI, Multiplan, Optum,
POMCO
Children, Adolescents, and Adults

Steven Feldman, LMHC

10
Saratoga Springs, New York 12866
(518) 712-4284
Out of network

Capital Psychology

3761 Carman Road,
Schenectady, NY
(518)355-5800

Schenectady Mental Health Associates

1362 Union Street
Schenectady, NY 12308
Phone: (518)374-0295
Fax: (518) 377-3729

Eloise Potenza, PhD, PsyD, CAS, MS, MA

1401 Union Street
Schenectady, New York 12308
(518) 425-9060
Children, Adolescents, and Adults

**Northern Rivers Family Services (Previously
Parsons)**

1768 Eastern Pkwy
Schenectady, NY
(518) 364-4490
*Additional locations and offices around the
Capital District.*

Ellis Hospital Outpatient Mental Health Clinic

(518) 382-2290

Eloise Potenza, PhD, PsyD, CAS, MS, MA

1401 Union Street
Schenectady, New York 12308
(518) 425-9060

Children, Adolescents, and Adults

Bressler Wakesberg Center for Counseling

113 Saratoga Road
Glenville, New York 12302
(518) 708-6519

Children, Adolescents, and Adults

APS Healthcare, Aetna, Blue Care Network,
BlueCross and BlueShield, CDPHP, Cigna,
Coventry, Empire BlueCross, GHI, Highmark,
MVP, Magellan, Magellan Behavioral Health,
Medicare, Optum, TRICARE, ValueOptions,
WellCare, WellPoint

Jenny Frank LCSW-R

1541 Union Street
Schenectady, New York 12309
(518) 304-5080

Children, Adolescents, and Adults

BlueCross and BlueShield, CDPHP, Ceridian,
Empire BlueCross, Fidelis, Fidelis, ValueOptions,
WellCare, Wellcare

RiverStone Consulting

1448 Dalton Drive
Schenectady, New York 12308
(518) 966-7461

Children, Adolescents, and Adults

Sliding-fee rates

Alison Jacob, LCSW-R, LLC

1541 Union Street
Schenectady, NY 12309
(518) 878-3227

Children, Adolescents, and Adults

Anthem, Beacon, BCBS, BS of Northeastern NY,
CDPHP, Ceridian EAP, ESI EAP, Emblem Health,
Fidelis, GHI, MVP, Medicare, Multiplan, PHCS,
ValueOptions

Heather Hutchison, MA, LCAT, ATR-BC
Licensed Creative Arts Therapy Services
137 State St
Schenectady, New York 12305
(518) 400-0310
Children, Adolescents, and Adults

Cheryl Bradt-Hyland, MS, LCAT, HS-BCP
140 Erie Boulevard
Schenectady, New York 12305
(518) 685-2021
Children, Adolescents, and Adults

Susan S Woods, PhD
700 McClellan St
204
Schenectady, New York 12304
(518) 633-4872
Children, Adolescents, and Adults

Elizabeth Young LMHC
Averill Park, New York 12018
(518) 348-4259
Children, Adolescents, and Adults
Blue Shield, BlueCross and BlueShield, CDPHP,
Cigna, Fidelis

Eastern Door Counseling Center
620 Washington Ave
Rensselaer, New York 12144
(518) 255-8016
Children, Adolescents, and Adults
Beacon, Blue Cross, Blue Shield, BlueCross and
BlueShield, CDPHP, Cigna, Empire BlueCross,
Fidelis, MVP, Medicaid, Medicare

Rensselaer County Mental Health
Unified Services: (518) 270-2800
Hoosick Falls Center: (518) 686-0694
Rensselaer Center: (518) 463-8869
Children, Adolescents, and Adults

Inspiring Wellness Solutions, LLC
Fifth Avenue
Troy, New York 12180
(518) 730-4491
Children, Adolescents, and Adults

Patricia M Fernandez, PhD
500 Federal Street
Suite 304
Troy, New York 12180
(518) 244-8936
Adolescents and Adults

William Breen, PhD
10 2nd Street
Troy, New York 12180
(518) 692-6770
Adolescents and Adults

Wayne Metsch, LCSW
116 Third Street
Troy, New York 12180
(518) 273-8331
Adolescents and Adults
Aetna, BlueCross and BlueShield, CDPHP, Cigna,
Empire, GHI, MHN, MVP, Magellan Behavioral
Health, Medicare, Multiplan, UnitedHealthcare,
ValueOptions, WellPoint

Alicia J. Harlow, Ph.D
116 3rd St
Troy, New York 12180
(518) 730-4893
Adolescents and Adults
Blue Shield, CDPHP, Empire BlueCross

Chelle Marie Wellness
1813 5th Ave
Lotus Wellness Studio
Troy, New York 12180
(518) 666-7139
Adolescents and Adults

Dr. Michele Bell, Ph.D
Troy, New York 12182
(914) 940-4704
Adolescents and Adults

Doris F. Tomer, LCSW

110 1/2 1st Street
Troy, New York 12180
(518) 723-0964

Adolescents and Adults

Blue Shield of NENY, BlueCross and BlueShield, CDPHP, Cigna, Empire Plan, GHI, MVP, Medicare, TRICARE, UnitedHealthcare, ValueOptions

IV. Medication Management Providers

Pinnacle Behavioral Health

1 Pinnacle Place Suite 102
Albany, New York 12203
Phone: (518) 689-0244
Fax: (518)689-0241
Dr. Scott McMahon
Ages 15-17 Only, and Adults
CDPHP, BSNENY, and EMP BCBS as of right now,
will be credentialing with more.

Upstate Physicians Services

2001 5th Ave
Suite 110
Troy, NY 12180
AND
785 Delaware Ave,
Delmar, NY 12054
Phone: (518)486-8591
Fax: (518)439-6985
Counseling and Medication Management
BlueShield/NENY, CDPHP, Empire Plan, Empire
BCBS, Emblem Health, Fidelis, Humana,
Medicare, POMCO, United Healthcare, and
Wellcare

**Albany County Mental Health- Children and
Adolescents**

Harold L. Joyce Albany County Office Building
112 State Street
Room 300
Albany, NY 12207
Phone: (518)447-4550
Fax: (518) 447-2045
Ages 5-18
Counseling and Medication Management
Accepts Medicaid and Medicare

Karen Ockenholt, NPP

711 Troy-Schenectady Rd,
Suite 209 A
Latham , NY 12110
Phone: (518)389-6606
Ages 6-30
Aetna, BCBS, CDPHP, EMP BCBS, Optum, UHC

Alexander E Nicholson, NPP

711 Troy-Schenectady Road
Suite 202
Latham, NY 12110
Phone:(518)782-3703
fax: (518)782-3809
Ages 5 and up
CDPHP

Vitality Physicians Group

6 Chelsea Pl,
Clifton Park, NY 12065
Phone: (518)691-0735
Counseling and Medication Management
Aetna, BCBS, CDPHP, Cigna, Emblem, Empire
NYSHIP, Fidelis, GHI, Health Now, HIP,
Magnacare, MVP, Optum, Oxford, Quantum,
Tricare, UHC, Value Options

Union Street Counseling Behavioral Health

1311 Union Street
Schenectady, NY 12308

AND

5 Hemphill Place
Suite 121

Malta, NY 12020

Phone: (518)289-5072

<http://unionstreetcounseling.com>

Main Phone: (518)374-6263

Fax: (518)374-1778

Counseling and Medication Management
Aetna, APA Insurance, Beacon, Blue Shield
(BSNENY), CDPHP, CIGNA, Emblem, Emp BCBS,
NYS Empire Plan, Fidelis, GHI, MVP, Optum,
POMCO, TriCare, United Healthcare

**Northern Rivers Family Services (Formerly
Parsons)**

1768 Eastern Pkwy

Schenectady, NY

Phone: (518)364-4490

Counseling and Medication Management
(children and family)

Four Winds Hospitals

30 Crescent Avenue

Saratoga Springs, NY 12866

Main Phone: (518)584-3600

Inpatient hospitalization (Child, adolescent)

Intensive outpatient (Adult and adolescent)

Outpatient services (Child and adolescent)

Capital District Psychiatric Center

75 New Scotland Ave,

Albany, NY 12208

Phone: (518)549-6000

Child/Adolescent Outpatient Program

**Ellis Hospital- Child and Adolescent
Outpatient Program**

1101 Nott Street

Schenectady, NY 12308

Phone: (518)382.2290

Dr. Griffan Randall

Phone: (518) 655-1590

Fax: (518)818-0915

1240 New Scotland Rd

Suite 204

Slingerlands, NY 12159

Private Pay only, will provide documentation for
insurance reimbursement

V. Inpatient and Partial Hospitalization Programs

Four Winds Hospitals

30 Crescent Avenue

Saratoga Springs, NY 12866

(518) 584-3600

Inpatient hospitalization (Child, adolescent, and
adult)

Partial Hospitalization (Adult)

Intensive outpatient (Adult and adolescent)

Outpatient services (Child and adolescent only)

HPA/LiveWell

260 Washington Ave Ext #101,

Albany, NY 12203

Phone: (518) 218-1188

Eating disorders clinic and mental health
services

Intensive outpatient programs and outpatient
programs

Equinox Agency

500 Central Ave,
Albany, NY 12206
(518) 435-9931
Domestic Violence Services
Youth Services
Intensive outpatient programs
Alcohol and Substance Abuse Services

Northern Rivers Child and Family Center (Parsons)

60 Academy Rd, Albany, NY 12208
(518) 426-2600
Respite, foster, and residential services for children
Behavioral Health Services
Education Services
Care management services

Ellis Hospital Mental Health

1101 Nott Street
Schenectady, NY 12308
Crisis/Inpatient Services - (518)243-4000
Outpatient Mental Health Services
(518)243-3300
Child and Adolescent outpatient - (518) 382-2290

Capital District Psychiatric Center

75 New Scotland Ave,
Albany, NY 12208
Phone: (518) 549-6000
Adult services: Full hospitalization
Outpatient clinic
Community residence
Child/Adolescent: outpatient program

VI. Respite and temporary Housing

Catholic Charities - Community Maternity Services

For children with special mental health needs and serious emotional disturbance
Susan Natale - Children's Services Coordinator
27 North Main Avenue
Albany, New York 12203
Phone: (518) 482-8836
Fax: (518)482-5805

Northern Rivers Family Services (Previously Parsons)

1768 Eastern Pkwy
Schenectady, NY
(518) 364-4490
Residential and Foster Care services Educational Services, Behavioral Health, Respite Services